



## **PROVINCIAL HIV / AIDS CONTROL PROGRAMME-NWFP**

### **INTRODUCTION:**

In NWFP the visible burden of disease is still not very significant and prevalence of HIV/AIDS in the general population is still below 0.1% ,however recent surveillance studies in the province indicates that the epidemic has started its progress in the High Risk Groups (HRGs). As in other parts of Pakistan, a concentrated epidemic has been observed in Injecting Drug Users (IDUs) with a prevalence of 13% (HASP SGS 2007-08),with the potential to spread into other groups such as men having Sex with Men (MSM) and Commercial Sex Workers (CSW). A concentrated epidemic has already been reported among Hijra sex workers with prevalence of 5.7% (HASP 2006) The heterogeneity and interlinking of injecting drug use and sexual behaviour, combined with low levels of HIV knowledge and safe sexual practices, and high levels of other sexually transmitted infections (STIs),indicate that there is a potential for a rapid spread of HIV into the general population through the bridging population.

The total number of registered HIV/AIDS positive individuals in the province till 31 October 2008 is 365.The most common mode of transmission among the reported cases is still heterosexual. Most reported cases are in the 20-44 years age group.

In 2000, the Government OF Pakistan through a broad consultative process developed a National Strategic Framework for HIV/AIDS, which set out broad strategies and priorities for effective control of the epidemic. Based on the recommendations provided by the National Strategic Framework, Government of Pakistan expanded its response to combat the HIV/AIDS through the Enhanced HIV/AIDS Control Program in 2003-08.

The Project broadly encompasses the areas which includes, controlling the spread of HIV/AIDS so that it does not drain the limited Health Sector resources, successfully and rapidly scaling up the important communicable disease control activities, particularly in the context of HIV/AIDS, using targeted approach, introduce the systematic approach to quality assurance including effective monitoring and

supervision, establish the mechanism for a government to work with the private sector on a large scale especially to the service delivery packages in the vulnerable populations female Sex Workers (FSW's), male having sex with Male (MSM's), injecting Drug Users (IDU's), long distance truckers, jail inmates, migrant workers and (MARA) Most at Risk Adolescents/ EVA (Especially vulnerable Adolescent).

### **PROGRAM OBJECTIVE:**

Prevent HIV from becoming established in vulnerable population and spreading to the general adult population while avoiding stigmatization of the vulnerable groups

### **PROGRAM COMPONENTS:**

1. Increased prevalence of Safe behavior and improved availability of STI services among vulnerable population. (Rs.49.236 million)
2. Improved knowledge and practice of HIV preventive measures including use of high quality STI service by general population (Rs.67.414 million).
3. Reduce transmission of HIV/STI through blood transfusion (Rs.88.173 million)
4. Program management and capacity building (Rs.36.724 million).

## “REVIEW OF PERFORMANCE”

### PROCUREMENT OF SERVICES

S.No	Activity	Target groups	Performance indicator
1	Service Delivery Package for IDUs / DUs	IDUs / DUs in Peshawar	Contract completed on June 30th
2	Service Delivery Package for Jail Inmates	Jail Inmates in Peshawar and Haripur	Contract completed on June 30th
3	Service Delivery Package for MSM	MSM in Peshawar	Contract period will end on 31 December
4	Service Delivery Package for FSWs	FSWs in Peshawar	Contract period will end on 31st December
5	Service Delivery for BCC Services	General Population through print and electronic media	Contract termination notice been given
6	Small Grants	General Population	Contracts completed

## PROCUREMENT OF GOODS

S.No	Procurement Activity	Performance Status	Targets Year
1	Procurement of Vehicles	Delivery completed	1 year
2	Office Furniture, Computers & Peripherals	Delivery completed	1 year
3	Equipment for Quality Assurance for Public Sector Blood Banks	Delivery completed	1,2 & 3 years
4	Medicines for STIs / OIs	Delivery completed	1,2 & 3 years
5	Office Equipment for PACP, SBT & STI clinics at LRH & KTH	Delivery completed	2 & 3 years
6	Office Equipment, Furniture & fixtures & partitioning for ARV centre at HMC	Delivery completed	2&3 years
7	Screening Kits for HBV & HIV	Delivery completed and distribution to the end user done by SBT.	1 & 2 years
8	Screening Kits for HBV & HIV	Revised MOU has been submitted to UNICEF for review and submission of new costs for screening Kits	FY 2006-07 & 2007-08
9	Consumables for blood banks	Procurement Process is under review	1, 2 and 3rd year
10	Needle cutters for hospitals	Delivery completed to all Teaching Hospitals of Peshawar	One time activity
11	Promotional material for HIV/AIDS awareness	Delivery completed	1 <sup>st</sup> year
12	Procurement of screening kits on emergency basis	Delivery completed and distribution to the end user done by SBT.	One time activity

## **CARE & SUPPORT**

- Two ARV Centers (treatment centers) have been working in Hayatabad Medical Complex, Peshawar and DHQ, Kohat.
- Kohat center was funded by Global Fund till June 30<sup>th</sup> 2008
- The Medical Specialist and Staff Nurse have received training in India about ARV drugs.
- ARV drugs are also provided free of cost to these patients along with treatment of opportunistic infections.
- In the same centers voluntary counseling and testing services are provided to the families of HIV Positive patients.
- Total No of HIV positive patients registered till October 31 2008 are 365
- Total Male Patients are 253, Total Female Patients are 93 and children less than 14 years are 19.
- Number of Patients on Ante-retroviral drugs (ARV) are 214.
- STI clinics are functioning at KTH, LRH, HMC, DHQ, Kohat and Mansehra.
- Three (voluntary counseling testing) VCT centers have been established at LRH, HMC & Kohat.
- PMTCT (Prevention of Mother to Child Transmission) centers been established at HMC and DHQ Kohat.

## **ADVOCACY WORKSHOPS, MEETINGS / SESSIONS**

- 6 meetings of Project Steering Committee been held
- 5 meetings of Project Technical Advisory Committee on AIDS (TACA) been held
- Eight trainings on Safe Blood Transfusion conducted.
- Monitoring of public and private blood banks conducted by SBT.
- Four one day Workshops for Media on HIV and AIDS.
- Eight workshops / seminars /advocacy meetings for defined target group.
- Six trainings on management and related disciplines for defined target group.
- One Day Provincial Seminar for Parliamentarian in Peshawar.
- Two days Inter-provincial Conference
- One workshop of STI on Syndromic Management

- One day seminar on Ethical issues related to HIV/AIDS under WHO-JPRM
- Three Days HIV/AIDS, Hep (B & C) first Inter Divisional Volley Ball Tournament in District Dir (Lower) (June 22 to 24, 2006).
- One Day HIV/AIDS Awareness Seminar and Poster Competition for University Students (May 2006).
- Health Education, awareness and advocacy session with Religious leaders, School Teachers and Local Government in Chitral.
- One Day HIV / AIDS and Hep (B & C) awareness Seminar for University of Engineering and Technology, Peshawar.
- Free Medical Camp in Kalam.(August 20-23, 2006)
- Walks, seminars conducted at provincial and district level on World AIDS Day 2004,2005 & 2006.
- Mehfil e Naat arranged by Radio Pakistan sponsored by PACP on 7.01.06.
- Debate Competition among College Students of Peshawar on World AIDS Day 2006.
- Mehfil e Mushaira at Nishter Hall, Peshawar (Dec 2006)
- Special supplement published on HIV/AIDS in DAWN & NATION in the month of January 2007
- Awareness raising activities against HIV/AIDS in six districts of NWFP has been conducted through Education department in 1<sup>st</sup> week of January 2007
- Awareness raising activities against HIV/AIDS in six districts of NWFP has been conducted through Health department in 1<sup>st</sup> week of January 2007
- Health education and awareness Seminar for police officers and officials conducted on January 9<sup>th</sup>,2007
- Seminar for EDO's & DOs education (male & female) from all districts of NWFP was conducted on 17<sup>th</sup> January,2007
- Advocacy Session for Union Council and Religious Leader at Nowshera (May 17, 2006).
- 2 Seminars for religious leaders from all districts of NWFP was conducted on March 14, 2006 and 18<sup>th</sup> January, 2007 respectively.
- One Day HIV/AIDS Advocacy Seminar for the Stake Holders, Civil Society Members for the District Dir (Lower).

- One day Advocacy & Sensitization Seminar for Elective Representative, Medical Professionals & General Population in DHQ Hospital Kohat on Feb. 28<sup>th</sup>, 2007.
- Three days international conference for "Parliamentarians for Global Action" has been conducted from 9<sup>th</sup> April 2007 to 11<sup>th</sup> April, 2007.
- Two days workshop for District Gynecologist on STIs, Reproductive Health including PPTCT & HIV/AIDS at HMC Peshawar in collaboration with UNICEF dated 29<sup>th</sup> to 30<sup>th</sup> June 2007.
- One day advocacy seminar on HIV/AIDS for the stake holders of district lower Dir held on 24<sup>th</sup> Feb, 2007 (all arrangements done)
- Advocacy Session on HIV & AIDS for Parliamentarian and Civil Society Members at Nathiagali on Aug 16 & 17, 2007.
- Advocacy Meeting with Educationist of Public and Private Institutions and Deeni Madrassas on September 04 & 05, 2007 at Nathiagali.
- Two days HIV&AIDS Prevention Golf Tournament at PAF Golf Club Peshawar on 13<sup>th</sup> and 14<sup>th</sup> of AUG 2007 in commemoration with the 60<sup>th</sup> Independence Day of Pakistan.
- First HIV & AIDS sports Festival Chitral organized from August 14<sup>th</sup>, to Aug 31<sup>st</sup>, 2007 at the Murad Stadium Chitral Scouts, Rosh District Chitral. This Tournament was attended by 163 teams with 1673 players.
- HIV & AIDS prevention Volley Ball Tournament Kolachi was organized at Tehsil Kolachi, District D.I.Khan from September 06<sup>th</sup> to 10<sup>th</sup>, 2007. 25 Volley Ball Teams from through out the district participated in this tournament.
- HIV&AIDS Declamation Contest was organized on September 08, 2007 for the students and teachers of Post Graduate College Bannu.
- One day seminar on the "Role of Media in the prevention of HIV & AIDS" on Nov 06, 2007.

#### **CAMPAIGN ON ELECTRONIC AND PRINT MEDIA:**

##### **Radio Program:**

- "DIYA JALAYE RAKHNA", a radio program in relevance to the Pakistan 60<sup>th</sup> Independence Day. The Program was broadcasted from National network of Radio Broadcasting Corporation of Pakistan Peshawar Studios on 9<sup>th</sup> August at 9.45 PM for 45 seconds at a stretch.

## **TV Program:**

- Five TV Spots about HIV & AIDS have been voiced-over in Pashto for airing on and three spots have been aired on AVT Khyber during Ramadan.

## **Press Advertisements & Articles:**

- “Sports Plus” an URDU magazine from NWFP provided photographic coverage to Golf Tournament from 13 & 14 August 2007, and included information regarding HIV&AIDS preventive information.
- The Press Release and coverage of all activities have been published in the daily News papers with giving coverage to HIV &AIDS prevention activities.
- A special introductory article of Provincial BCC Project NWFP was published in the newsletter, “**Red Ribbon**” with courtesy of National AIDS Control Program.

## **Audience Base Line Survey:**

An Audience Baseline Survey has been completed in 10 Districts of NWFP. The Department of Journalism and Mass Media Communication University of Peshawar has completed the tabulation process and has submitted the final draft to BCC Project.

The objective of this survey is to know the nearest possible factual position of HIV & AIDS information, and to monitor the BCC activities from the point that is the final finding of Audience Base Line Survey for quarterly evaluation, to create a specific line for the evaluation process and to understand the facts of exact information in six districts.

## **Activities in Relevance to World AIDS Day:**

- IEC material on HIV & AIDS prepared and disseminated among LRH, HMC, KMC and District Headquarter Hospital Hangu, CMH Kohat, some prominent private Universities and colleges beside Islamia College Peshawar.

- A declamation contest among the school students (fe-male) Shahabudin Government Girls High School Golgatri Peshawar with the support of Education District Officer.
- A Cricket Match was organized on December 3, 2007 between Islamia college verses Abaseen Cricket Club.
- Messages were aired from TV and Radio Channels, an article on “HIV & AIDS in its General Perspective” was published in Daily DAWN.

### **COMMITTEES WORKING FOR PACP-NWFP**

1. TAG (Technical Advisory Group) has been notified for scrutiny of health education material.
2. M&E committee has been notified for monitoring / evaluation of contracted NGOs functions.
3. Provincial Inter Religious Council has been notified and operational
4. Provincial Parliamentarian Forum notified and operational.
5. Provincial Advocacy Committee notified and operational.

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